

Desert Living

MODERN LUXURY FOR THE DESERT

>>> action

DRINK: COCONUT WATER

Coo Coo for Coconuts

When you think coconut water, you think tropical vacation – sand, Hawaiian shirts, cocktail umbrellas. But coconut water is also a pretty healthy everyday drink, too. The juice – naturally filtered through the dense fibers of the coconut as it matures – produces a naturally non-fat, low-cal beverage with an electrolyte balance similar to what’s already flowing through your body. It’s like Power Aid, without all the sugar and with 15-times the potassium. Problem is, the stuff’s usually in a coconut. O.N.E. Coconut Water solves this by putting the beverage in Capri Sun-like containers, some of them designed by Brazilian pop artist Romero Britto (right). Funds from these special cartons help supply clean drinking water to dry regions of Brazil. The regular package just helps supply clean coconut water to you. –LS **More: Whole Foods Market; onecoco.com**



BOOK: STRANGE NATURE

Book of Bones

We know what you’re thinking: something seriously wrong happened to Mr. Bananas here – or, “Ludwig,” as artist Jessica Joslin calls him. But he’s only one of many fairy-tale creatures born of the popular sculptor’s otherworldly imagination and highlighted in *Strange Nature*, a photographic compendium of her work. Assembled from found objects (bones, glass eyeballs, antique lamps, silverware, and jewels, to name a few), each lifelike critter has its own name and an eerie mien of animation. The sculptures are mythical, if not somewhat haunting. They also sell for upwards of \$5,000 apiece. That’s why we recommend buying the book for a much more affordable \$75. Designed by Phoenix’s P.S. Studios, Inc., to resemble an antique storybook, *Strange Nature* is available for purchase at Lisa Sette Gallery (4142 N. Marshall Way, Scottsdale). –LS **More: 489.990.7342; lisasettegallery.com**

